

# Fitness Unlimited

pioneering the application of NLP within the Fitness Industry

**Would you like  
to spend a week  
on a Greek Island  
& be paid £1000.00?**

**Contact Pam Rigden**

**Telephone 07050 227107**

**Email: [nlptraining@fitnessunlimited.biz](mailto:nlptraining@fitnessunlimited.biz)**

**[www.fitnessunlimited.biz](http://www.fitnessunlimited.biz)**

International NLP Trainer and Fitness Presenter, Pam Rigden has created an exciting win-win. She is looking for you - innovative Personal Trainers who want to add NLP and Life Coaching to an existing skill base.

Pam is offering a unique opportunity to earn while you learn, working alongside her at her Greek Island base, Iraklia, while she facilitates a 4 Day workshop for your clients.

Recognising that how we are physically is simply an expression of who we are and what goes on in our heads, you will learn how to enable a client to address their thought processes.

You will take away invaluable techniques and will understand how to help your clients tackle issues such as weight loss, low self esteem and burnout....once and for all.

